

## **MOTIVATION**

*Assistant Professor: Wendy L. Bedwell, Ph.D.*

Hi. My name is Dr. Wendy Bedwell. And I will be your instructor for this semester as we talk about motivation. We're going to be learning about the cognitive, biological, and learning factors that underlie human behavior. I am a faculty member within the Psychology Department at the University of South Florida. I got my Ph.D. from the University of Central Florida. My research areas are teams and training and motivation.

And this is because motivation describes human behavior. And human behavior influences how people interact in teams and also how we need to train them. So motivation is sort of this underlying current that drives all of my research themes. And what we're going to be learning about this semester is all different types of human behavior. So everything from sleep to performance to love to drug use to emotions, all of these things come into play when you're considering human behavior.

And motivation is the driving force behind all of these. So when you leave this course, you're going to walk out with a better understanding of why you do the things that you do. And how different influences, such as your biology and the things that you learned about in your environment and that the way you think, influences your behavior. So to be successful in this course, you're going to need to log into the course every single week, multiple times a week.

This is not just a login once, do something, and really have a passive interaction with the material. This is a very dynamic interactive course where you're going to be required to have discussions with your classmates and me, the instructor. We're going to be having activities to do by yourself and within a team. And where you're going to be doing projects that are semester long projects that you're going to have to present, via video forum, to the entire class.

So this is a very interactive experience. The more you put into it, the more you'll get out of it.

So I look first to working with you throughout the semester. If you have any questions, please refer to the syllabus. You can reach via course e-mail through campus. And I look forward to learning with you about human behavior.